We are very excited to announce the Ballston Spa Central School District’s Wellness Day is returning! For years, the school district has coordinated two successful health and wellness events: the annual Wellness Expo that attracts over 500 attendees and over 50 vendors, and the Scotties Stampede 5k Walk/Run fundraiser that benefits the Ballston Spa Partnership for Innovation in Education Fund and attracts over 200 runners and walkers.

Combining the events into a Wellness Day worked well in 2019 and we are excited to build upon the success for 2020! The school district will host both the Scotties Stampede 5k Walk/Run and Wellness Expo on Saturday, April 4, 2020 as part of the district’s Wellness Day! Both events encourage families in the community to participate in healthy and active lifestyles and learn about local wellness organizations.

The day will kick-off with the Scotties Stampede 5k Walk/Run, followed immediately by the Wellness Expo. The expo is free for individuals and families. Financially, the Scotties Stampede 5k will continue to support the Ballston Spa Partnership for Innovation in Education Fund, a component fund of the Community Foundation for the Greater Capital Region.

This field of interest fund is used to support the various innovative and mission-related programs throughout the district that include: Community Literacy Campaign, Sponsor-A-Scholar, Scotties BackPack Program, STEM, Robotics, and Clean Technologies & Sustainable Industries Early College High School. Over 50 partners from business and industry, higher education, non-profit organizations and government agencies currently support the Partnership Fund.

Please contact kelliott@bscsd.org or 518-884-7195 x1369 regarding sponsorship packages for the Scotties Stampede 5k.