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Survivor Outreach Services	Raul Lopez	914-944-6580	Camp Smith	<a href="mailto:raul.lopez5@us.army.mil">raul.lopez5@us.army.mil</a>
Yellow Ribbon toll free	1-866-876-3276			
Family Programs toll free	1-877-715-7817			

## **NY National Guard Family Programs**

The State Family Programs Office (SFPO) oversees all aspects of the New York National Guards Family Programs. It is the duty and responsibility of the SFPO to ensure that information, referral, and support services are available to Military Families in the most effective and efficient manner.

### **Youth Program**

The Youth Program is designed to implement support and training to New York State Military youth. The program offers training to various community based organizations. To include community schools, to explore the unique issues specifically related to Military youth. Implementation of skills training in leadership, mentoring, and resource coordination, will ensure that the program and the services provided reflect the unique needs of all Military children.

### **Military Family Assistance Specialist (MFAS) Airman & Family Readiness Program Managers (AFRPM'S)**

When Military Service members are at basic training, annual training, drills, or are away serving their State or Country, the New York National Guard's Family Assistance Specialist are ready to help families on the home front. Located in twelve New York locations, MFAS and AFRPM are easy-to-reach, one-stop shops for information and assistance. The staff put service members and their families in touch with personnel or programs that meet their individual needs.

### **Personal Financial Counselor (PFC)**

The PFC counsels, educates and creates personalized strategies for Military Service Members and families on personal financial readiness, money management, and budget management, enabling them to maintain or reach financial health. The PFC provides in-depth evaluation and analysis of the client's financial history, identifies resources and provides counseling individually, to couples, in group situations, face-to-face or through telephone consulting.

## **Family Readiness Support Assistant (FRSA)**

Family Readiness Support Assistants (FRSA) located in seven Armories at the unit level throughout NY. The core function of the FRSA is to work with military contacts, rear detachments (during deployment), and volunteers to provide training and hands-on assistance for establishing and maintaining an effective Family Readiness system within units and Commands.

### **Director of Psychological Health (DPH)**

The role of the DPH is to respond to the emotional needs of the New York National Guard. The DPH provides crisis intervention, counseling, assessment, and referral; education regarding Suicide Prevention/Intervention, Post-Traumatic Stress, Substance Abuse and Traumatic Brain Injury. All interactions are confidential.

### **Military Family Life Consultants (MFLC)- Adult and Child Youth Behavioral:**

MFLC's reach out to Families and provide support and short term counseling services. They help to locate professional resources for Families that live in outlying areas. MFLC's provide consultations, trainings and workshops for parents, school staff, child care providers, and other community groups on a wide variety of topics. MFLC's are available to serve all branches of the military and their Family members.

### **Resilience, Risk Reduction and Suicide Prevention (R3SP) Program**

The mission of the R3SP Program is to provide resources and education to all Service Members, Families, and civilian employees to combat high risk behaviors. The ultimate goal is a healthy organization that is resilient, knowledgeable regarding high risk behaviors, educated on stress reduction measures and aware of available Service Members-Family-employee support network resources. Components of this program include Comprehensive Soldier Fitness, Resilience training, and Suicide Awareness & Prevention.

# **NEW YORK NATIONAL GUARD FAMILY PROGRAMS**



## **FAMILY PROGRAMS CONTACT BROCHURE**

Have a question?

Need to contact Family Programs?

This brochure contains contact  
Information for all Family Programs State  
wide team.

Call Toll Free  
**1-877-715-7817**

Web Site

[www.dmna.state.ny.us/family](http://www.dmna.state.ny.us/family)