



Financial Assistance



And other Support Services

Services available through Saratoga County Department of Social Services

Heating and Energy Assistance Program (HEAP)

884-4146

Objectives: To provide energy assistance to families with low incomes by issuing regular and emergency grants to dealers for fuel for heating and utility related costs.

Target Population: Low income individuals and families.

Eligibility Criteria: Household size, gross income and resources, heat source and type of housing. Guidelines established by NYS and change annually. Program is seasonal and operational when funding is available.

NYS HEAP Hotline at 1-800-342-3009.

Want to see if you may be eligible? Complete a HEAP pre-screening on www.mybenefits.ny.gov.

Supplemental Nutrition Assistance Program (SNAP)/ formerly Food Stamps **884-4155**

Objective: To reduce the hunger and to provide low-income households with a supplement to their income to purchase food.

Services: Supplemental Nutrition Assistance Program (SNAP); referrals to other agencies; free nutrition education to qualified individuals.

Target Population: Any low-income individual/family living in Saratoga County.

Eligibility Criteria: Must be income and resource eligible.

Temporary and Disability or Emergency Assistance

884-4144

Objectives: To provide temporary financial support and emergency assistance to individuals and families who meet income and resource eligibility criteria.

Service Provides: Temporary Assistance benefits include cash, Supplemental Nutrition Assistance Program (SNAP), medical assistance, HEAP, and daycare.

Target Population: No income, low income

Eligibility Criteria: Income and resource eligible

Department of Social Services (cont'd)

Child Support

1-888-208-4485

Objectives: To ensure that every child receives the monetary support and medical support that he/she is entitled to from an absent parent.

Services Provided: To assist a custodial parent in location of an absent parent; prepare necessary paperwork to establish paternity and support orders through court. To coordinate with central collection agency and to prepare paperwork for enforcement of court ordered support.

Target Population: Custodial parent in need of assistance in establishing paternity and/or obtaining child support from an individual who is (or may be) legally responsible for the support of dependent children.

Medicaid

884-4148

Objective: To provide coverage for the medical needs of people of all ages who have insufficient income and/or resources to meet the cost of necessary medical care as determined by state standards.

Services: Payment for community-based medical services including physicians, prescriptions, hospital, Long Term Home Health Care, nursing home, QMB program for payment of Medicare premiums, prenatal care program, COBRA, and AIDS insurance.

Target Population: Separate eligibility guidelines for over 65 and certified disabled; children under 21 and their parents; pregnant; and 21-65; income/resources under public assistance level.

Eligibility Criteria: Income and Resource limits vary according to category in target population and household size.

For more information on services: www.saratogacountyny.gov

Other Medical Coverage:

New York State has a health insurance plan for kids called *Child Health Plus*. They also have Family Health Plus.

This plan is available through dozens of providers throughout the state.

Call this toll-free number: 1-800-698-4KIDS (1-800-698-4543) and ask about Child Health Plus and other New York State health programs for kids. Community organizations and local social service office that can help you enroll in Child Health Plus are: Saratoga Care: 518/580-2021 Saratoga County DSS: 518/884-4140

Children under the age of 19 who are not eligible for Medicaid and have limited or no health insurance may be eligible for Child Health Plus. Even if your family income is high, you can enroll in Child Health Plus. The following link will let you access the application for Medicaid, Child Health Plus and Family Health Plus

www.health.ny.gov/health_care/family_health_plus/application.htm

Housing and Urban Development (HUD) and Section 8:

www.hud.gov.ny

Public housing, rent subsidy for low income families/vouchers for apartments

call: Joseph E. Mastrianni/Central Office 372-4739 (Village of Ballston Spa only)
or call: Saratoga County Regional Housing Services/formerly Rural Preservation 885-0091
(Saratoga County)

Other Local Services:

Families in Transitional Housing - Ballston Spa School District:

If you are in temporary housing, or do not have a fixed, regular, adequate nighttime residence, you may be eligible for assistance.

New to the District: Please call The Registrar at 602-0256

Current District Families: Please contact your child’s school counselor or school social worker and ask for a referral to the program.

Free/Reduced Lunch:

The main district website (www.bsbsd.org) gives complete information about eligibility as well as the application. From the **district home page**, click on **Departments** then **School Cafeteria**. Scroll down to **Related Files**.

You can also get an application from the **main office of your child’s school**. Stop in and pick one up or call school and an application will be sent home with your child. Only one application is needed per family residing in the same household. A new application must be completed every school year.

If you have any questions or need help in filling out the application form, please contact:

Susan Andi 884-7195 Ext.1320

**2013-2014 INCOME ELIGIBILITY GUIDELINES
FOR FREE AND REDUCED PRICE MEALS OR FREE MILK**

REDUCED PRICE ELIGIBILITY INCOME CHART Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	\$ 21,257	\$ 1,772	\$ 886	\$ 818	\$ 409
2	\$ 28,694	\$ 2,392	\$ 1,196	\$ 1,104	\$ 552
3	\$ 36,131	\$ 3,011	\$ 1,506	\$ 1,390	\$ 695
4	\$ 43,568	\$ 3,631	\$ 1,816	\$ 1,676	\$ 838
5	\$ 51,005	\$ 4,251	\$ 2,126	\$ 1,962	\$ 981
6	\$ 58,442	\$ 4,871	\$ 2,436	\$ 2,248	\$ 1,124
7	\$ 65,879	\$ 5,490	\$ 2,745	\$ 2,534	\$ 1,267
8	<u>\$ 73,316</u>	<u>\$ 6,110</u>	<u>\$ 3,055</u>	<u>\$ 2,820</u>	<u>\$ 1,410</u>
Each additional household member add....	\$ 7,437	\$ 620	\$ 310	\$ 287	\$ 144

Holiday Assistance:

EOC 288-3206
Thanksgiving food baskets and Christmas dinner

Salvation Army 584-1640
Holiday gifts: Call for specific information about the application process, deadline date and what you need to bring with you. Generally, you must apply in early October to be considered.

Franklin Community Center 587-9826
Thanksgiving and Christmas meals

Holiday gifts: Call for specific information about the application process, deadline date and what you need to bring with you. Generally, you must apply on specific dates in November to be considered.

Coats for Kids

Need a coat?

Contact Franklin Community Center 587-9826

Want to donate a coat?

Drop off at the following dry cleaners:

- [Click here](#) for a list of Cudney's locations!
- Spa Cleaners, Milton Ave, 885-1845

Child and adult coats are accepted.

Please make sure the zippers are in working order!

LOCAL FOOD PANTRY LIST

The First Baptist Church of Ballston Spa

202 Milton Ave, Ballston Spa, NY
885-8361

Christ Episcopal Church

12 West High Street, Ballston Spa, NY

885-9455
accepting.

Also runs **Noah's Attic which sells inexpensive clothing and household goods
Call to check their hours and what types of donations they are accepting.

United Methodist Church

16 Milton Ave, Ballston Spa, NY
885-6886

EOC Food Pantry

39 Bath Street, Ballston Spa, NY
288-3206

If last name begins with A – L:

Monday 12:30 – 2:00pm & 3:30 – 5:00 pm
Tuesday 9:00 am – 12:00 noon
Wednesday 9:00 am – 11:45 pm & 12:30 pm – 2:15 pm
Friday 12:30 pm – 2:15 pm

If last name begins with M – Z:

Monday 2:00 – 5:00pm
Tuesday 9:00 am – 12:00 noon
Wednesday 9:00 am – 11:45 pm & 2:15pm – 4:00 pm
Friday 2:15 pm – 4:00 pm

***Every individual and family coming to the food pantry will complete an initial intake form and will be assessed for crisis intervention services. Customers receive a 3-day supply of food, which is packed by volunteers. The order is appropriate to family size, dietary needs, and cooking facilities. Assistance is available to bring the groceries to the individual/family's car if needed.

EOC Soup Kitchen

24 Circular Street, Saratoga Springs,
581-8233

Salvation Army

27 Woodlawn Ave., Saratoga Springs,
584-1640

Franklin Community Center

10 Franklin Street, Saratoga Springs
587-9826

****call ahead to confirm hours of operation, eligibility, etc****

Saratoga Economic Opportunity Council (EOC) Programs:

www.saratogaecoc.org

288-3206

SARATOGA COUNTY EOC COMMUNITY SERVICES DEPARTMENT

The Community Services Department is composed of many programs. These programs are funded through the Community Services Block Grant (CSBG), Hunger Prevention and Nutrition Assistance Program (HPNAP) funds, Federal Emergency Management funds (FEMA), agency fundraising activities and private donations. In-kind donations, community partnerships and volunteer support are also vital to the success of this department.

Below is a brief description of the major components of the Community Services Department.

WIC

Federally funded supplemental nutrition program for Women, Infants, and Children. for income eligible pregnant, breastfeeding, and non-breastfeeding postpartum women, infants and children up to age five. www.fns.usda.gov/wic/

Call the **WIC office at (518)587-8848**. We'll ask a few questions and if it sounds like you might be eligible for WIC, we will schedule an appointment for you!

Sample Income guidelines (based on gross income)
A pregnant woman increases the household size by one.

Effective 7/1/2012 – 6/30/2013

Family Size	Annual	Monthly	Weekly
1	\$20,665	\$ 1,723	\$ 398
2	\$ 27,991	\$ 2,333	\$ 539
3	\$ 35,317	\$ 2,944	\$ 680
4	\$ 42,643	\$ 3,554	\$ 821

Crisis Intervention Services: Crisis intervention is a short-term helping process to address the individual/family's emergency needs. The focus is on the resolution of the immediate problem through referrals. An individual/family assessment is developed to determine the nature of the crisis and a formalized service plan is negotiated between the family and the crisis intervention worker.

Some common types of crises we address include:

- Housing - pending evictions, landlord/tenant relations, pending utility shut off
- Financial - customers in financial crisis, budgeting
- Domestic violence
- Drug and alcohol
- Mental Health

Family Development: Family Development is a strength-based, helping process in which the individual/family works with EOC on a weekly/monthly basis to address reaching their personal goals. An individual/family assessment is completed to determine the needs and a formalized service plan is developed. The individualized service plan addresses goals such as affordable housing, education and training, financial stability, employment, health, and effective parenting. Each service plan is individually tailored to meet the client's specific needs.

Soup Kitchen: Lunch is served 7 days a week Monday - Saturday 11:45 – 1:00 pm and Sunday 3:00pm -- 4:00pm. It is open to the public and the only information collected is the number of meals served each day. This program is located in the *Presbyterian New England Congregational Church, 24 Circular St., Saratoga Springs, NY*. Free Baked goods and breads are available most days.

Rural Food Delivery: This service is a bimonthly delivery of food to customers that are elderly and/or disabled and homebound living in Saratoga County. Customers to this program are referred by different sources and accepted into the program by the Family Development Specialist. EOC runs this project in collaboration with the Presbyterian

New England Congregational Church from our Soup kitchen program and community volunteers make deliveries 2 Sundays per month except July and August it is once per month.

Summer Youth Feeding: This project provides a nutritious lunchtime meal to low-income children during the summer months when there is no school. In collaboration with the Saratoga Springs Housing Authority, lunches are disbursed at the Jefferson/Vanderbilt Terrace Monday-Friday, between July 5 and August 31. We have also added a site in Corinth and Malta Gardens. This project is run through our Soup Kitchen and is staffed by part time staff and volunteers. EOC also collaborates with Cornell Cooperative Extension to provide nutrition education to customers during the lunchtime meal.

VITA (Free Tax Prep): Free tax preparation service to qualified individuals. Taxes are e-filed and confidential.

Dress for Work: Provides appropriate interview or work clothing to individuals in need. This is a collaboration between EOC and Treasures Consignment/Thrift store. Interested individuals need to come in and meet with a worker to obtain a voucher.

Seasonal Projects

Thanksgiving Baskets: EOC provides a full Thanksgiving meal to families in need in Saratoga County. Families receive a basket based on family size. Eligibility: Families of 2 or more, income at or below 125% of poverty level.

Holiday Meals: A full-prepared holiday dinner is also served at our Soup Kitchen on Thanksgiving, Christmas, Easter and St. Patrick's Day. Home delivery of meals is available for Thanksgiving and Christmas.

Weatherization Program [www. energy@saratogaeoc.org](http://www.energy@saratogaeoc.org)

If eligible, you may get assistance with heating, repairs, etc.

40 New Street in Saratoga Springs. The office is open Monday through Friday from 8:30 AM-4PM and by phone at 587-3158 x117

Head Start

Head Start and Early Head Start are **FREE** federally funded programs for low-income pregnant women and children birth to age 5. Saratoga County EOC Head Start serves 434 children and pregnant women throughout Saratoga County. 518-226-0450

LATINO COMMUNITY ADVOCACY PROGRAM (LCAP)

This program addresses the special needs of the Spanish speaking immigrant population in Saratoga County. Our activities also promote cultural understanding and recognize the positive contributions of immigrants and long tradition of immigration in our communities. Our bilingual staff provides assistance by facilitating communication and access to health, legal, and educational services.