

## **Counseling, Developmental and Behavioral Resources**

Every child experiences emotional difficulties from time to time, but at some point, a child's difficulties may warrant professional attention. The following are local resources in the community that offer various levels of support. Please consult with your child's physician to determine the specific needs and recommendations for your child. Your insurance company may also be able to provide you with specific resources covered under your child's health plan. When seeking support for your child, the following information may be helpful in determining the type of provider needed:

### **Psychiatrist**

- A medical doctor who can prescribe medication in addition to conducting evaluations and providing therapy.

### **Psychologist**

- Conduct psychological testing in addition to providing therapy.

### **Licensed Clinical Social Worker, Licensed Mental Health Counselor, and Marriage and Family Counselor**

- Provide individual, group and family counseling.

### **Neuropsychologist**

- Provides clinical evaluations related to the function of the brain as it relates to specific psychological process and behaviors.

### **Developmental Behavioral Pediatrician**

- Evaluate developmental, learning and behavioral problems. They have specific training and experience related to medical and psychosocial aspects of children's and adolescents' developmental and behavioral problems.

The following resources are not endorsed by the Ballston Spa School District; however these are resources that are known to be helpful for families.

## **Referral Sources for Individual/Family Counseling**

Clinical Associates of Clifton Park  
989 Route 146  
Clifton Park, NY  
383-3249

Bick Wank, MD & Associates  
83 Geyser Road  
Saratoga Springs, NY 12866  
583-3035

Center for Disability Services  
314 South Manning Blvd.  
Albany, NY 12208  
518-437-5700

ECS Psychological Associates  
63 Franklin Street  
Saratoga Springs, NY 12866  
587-0499

Geyser Springs Counseling and Wellness  
419 Geyser Road  
Ballston Spa, NY 12020  
587-8810

Karner Psychological Associates  
634 Plank Rd., Suite 206  
Clifton Park, NY 12065  
456-5056

Samaritan Counseling  
220 N. Ballston Avenue  
Scotia, NY  
374-3514

Saratoga Center for the Family  
359 Ballston Avenue  
Saratoga Springs, NY 12866  
587-8008

Saratoga County Mental Health  
211 Church Street  
Saratoga Springs, NY 12866  
584-9030

Union Street Counseling  
1311 Union Street  
Schenectady, NY  
374-6263

Vitality  
6 Chelsea Place  
Clifton Park, NY 12065  
691-0735

## **Developmental Behavioral Evaluators**

Developmental Behavioral Pediatrics  
942A Route 146  
Clifton Park, NY 12065  
Phone: 881-1730

Developmental Behavioral Pediatrics  
7B Johnson Road  
Latham, NY 12110  
782-0800

Campbell House Psychological Associates  
101 State Street  
Schenectady, NY 12305  
346-0762

Center for Disability Services  
314 South Manning Boulevard  
Albany, NY 12208  
437-5700

Saratoga County Public Health  
Early Intervention Program  
31 Woodlawn Avenue - Suite 1  
Saratoga Springs, NY 12866  
(Services for ages birth to age 3)  
584-7460

## **Psychiatrists**

Albany Medical Center Developmental Pediatrics  
Pediatric Group  
1 Clara Barton Drive  
Albany, NY

Caleo Counseling  
3043 U.S. 4  
Hudson Falls, NY 12839  
Hudson Falls  
747-8243

Center for Disability Services  
Clifton Park, NY 12065  
437-5732  
Or  
Center for Disability Services  
314 South Manning Blvd  
Albany, NY 12208  
437-5700

CDPC – Albany  
75 New Scotland Avenue – Unit A  
Albany, NY 12208  
447-9611

CDPC – Glens Falls  
100 Glen Street  
Glens Falls, NY 12801

Ellis Child and Adolescent Treatment Services  
624 McClellan St. Suite 204  
Schenectady, NY 12304  
382-2290

Four Winds Hospital  
30 Crescent Avenue  
Saratoga Springs, NY 12866  
584-3600

Saratoga County Mental Health  
211 Church Street  
Saratoga Springs, NY 12866  
584-9030

Union Street Counseling Center  
1311 Union Street  
Schenectady, NY 12308  
374-6263

Vitality  
6 Chelsea Place  
Clifton Park, NY 12065  
691-0735

## **Neuropsychologists**

Adirondack Neuropsychological Associates  
120 West Avenue, Suite 205  
Saratoga Springs, NY 12866  
581-7260

Albany Medical Center  
43 New Scotland Avenue  
Albany, NY 12208  
262-5226

Center for Disability Services  
314 South Manning Blvd  
Albany, NY 12208  
453-2273

Comprehensive Neuropsychological Services  
490 Western Ave, Albany, NY 12203  
458-231

Albany Psych Associates  
1740 Western Avenue  
Albany, NY 12203  
464-4440