

Parenting and Family Support Groups

Saratoga Center for the Family

359 Ballston Avenue
Saratoga Springs, NY 12866
587-8008

The Center has groups that are offered at varying cycles throughout the year including Parent Education Services, Parent Support Program, Child Abuse and Anger Management Programs, Crisis and Emergency Services. Call for current group offerings.

Community Human Resources

Renee Ramsey, Family Foundations Coordinator
543 Saratoga Road, Glenville, NY 12302
(518) 399-4624 Fax: (518) 399-8663
http://www.chsny.org/family_support_services.php

ADHD Parent Support Group: 10 a.m. 2nd Tuesday every month
Support Groups addressing issues specific to children with Spectrum Disorders
Consult the website for specific groups and times

Saratoga County Economic Opportunity Council

40 New Street
Saratoga Springs, NY 12866
587-3158

Individual family support offered for parenting Skills in the home.
Contact Stacey Boni-O'Neil – Family Development Specialist

Saratoga Bridges

16 Saratoga Bridges Boulevard
Ballston Spa, NY 12020

Sibshops - opportunities for brothers and sisters of children with special needs to express their feelings, fears, thoughts and frustrations in a supportive group format within a recreational context.

For more information, please contact Patty Paduano, Director of Family Support Services, at ppaduano@saratogabridges.org 518-587-0723 ext. 1254.

Center for Autism and Related Disabilities

University at Albany
1400 Washington Avenue
Albany, NY 12222
442-2574

www.albany.edu/psy/autism/sutism.html

Parent Education Series (PES) is an interactive approach to training. It is a multi part series that covers a variety of topics.

CARD also offers seminars and workshops on a variety of topics concerning Spectrum Disorders that are available at free or reduced to costs to families. Call for current offerings.

Saratoga Springs Public Library

49 Henry Street
Saratoga Springs, NY 12866

www.sspl.org

Website has a listing of services and classes that are offered to adults, teens and children including computer classes, job searching on the internet, book discussions, meditation, and Parents As Advocates Open Forum. Consult the website or call 584-7860 option 3 for Parenting Programs.

Ballston Spa Public Library

21 Milton Avenue
Ballston Spa, NY 12020
885-5022

Round Lake Library – Malta Branch

1 Bayberry Drive
Malta NY 12020

www.roundlakelibrary.org