



BALLSTON SPA CENTRAL SCHOOL DISTRICT
OFFICE OF DISTRICT ADVANCEMENT
COMMUNITY EDUCATION PROGRAM



2019-2020

Walk About Exercise Program

Monday - Thursday evenings, 6:00 - 7:30 pm

The program is held at the Ballston Spa Middle & High Schools. Please park at the Middle School, 210 Ballston Avenue, and enter the Middle School lobby to sign in. If conflicts with school activities occur, signs will direct you to the building that is available for walking; otherwise, both buildings are utilized.

ALL WALKERS ARE REQUIRED TO PRE-REGISTER IN ORDER TO PARTICIPATE IN THE PROGRAM. A "Walk About" ID badge, issued at registration, must be visible at all times. If you register by mail, your ID badge may be picked up during walk hours at the Walk About sign in desk at the Middle School. The program will start October 15th and continue through April 9th.

A \$15 registration fee is required for this program. Non-residents need to include a \$3 surcharge to participate. Walkers may join the program at any time throughout the session. Please make checks payable to:

Ballston Spa Central School District

Register by completing the form below and returning with program fee to:
Office of District Advancement, 70 Malta Avenue, Ballston Spa, NY 12020

For further information, call 884-7195 ext. 1329.

(Tear Off)

Walk About Program – Registration Form

Name: _____ Date: _____

Address: _____

Home Phone: _____ Work Phone: _____

Amount Enclosed: _____

For office use only:

Received by: _____ *Date:* _____

Form of Payment: _____ *Check number:* _____