

COMMUNITY MEALS/FOOD DELIVERY/FOOD RESOURCES

EOC Soup Kitchen	581-8233	Presbyterian Church 24 Circular St. Mon-Sat 11:45-1:00 Sun 3-4
Ballston Spa United Methodist Church	885-6886	Free Lunch Last Saturday/Month September - June
Salvation Army Breakfast	584-1640	Breakfast 7-9 Mon-Fri
Ballston Spa Thanksgiving Meal	885-7121	Union Fire House, 319 Milton Avenue
EOC Thanksgiving Meal	581-8233	Presbyterian Church 24 Circular St. Saratoga/Home Delivery Available
EOC Christmas Meal	581-8233	Presbyterian Church 24 Circular St. Saratoga
Free Summer Meals for Kids		Located throughout Saratoga County - Check with EOC and CAPTAIN for details
Free/Low Cost Meals for Seniors	884-4100	Located throughout Saratoga County - Check with Office for the Aging for details
Meals on Wheels	884-4100	Mid-day Meal delivered to home
EOC Thanksgiving Baskets		Must sign up ahead of time. Pick up week of Thanksgiving

Saratoga County Department of Social Services Temporary/Emergency Assistance 884-4144

APPLICATION FOR COUNTY ASSISTANCE IS REQUIRED IN THE FOLLOWING SITUATIONS:

*Loss of all or majority of income with none expected in next 2 weeks *Court-ordered eviction *homelessness

*3 or more months back rent *all utility-related requests October - April *Sufficient income to qualify for county loan

YOU HAVE THE RIGHT TO APPLY EVEN IF YOU MIGHT NOT QUALIFY

WHEN YOU APPLY, ASK FOR AN "IMMEDIATE NEEDS NOTICE" (ALSO CALLED THE 1-2-3 FORM) AS PROOF OF YOUR APPLICATION

PROVIDE A COPY OF THIS FORM WHEN APPLYING WITH OTHER AGENCIES OR CHURCHES

OTHER AGENCY OR CHURCH FINANCIAL ASSISTANCE

St. Clement's Outreach	581-9805	Medical or other unavoidable crisis. Saratoga County North of Ballston Spa
Catholic Charities	587-5000	Saratoga County
St. Peter's	306-5243	Saratoga County
Our Lady of Grace Ballston Lake	384-0109	Burnt Hills-Ballston Lake priority; others if funds available
CAPTAIN Family Assistance	371-1185	Southern Saratoga County (represents churches in Clifton Park)
St. Mary's Ballston Spa	885-7411	Ballston Spa School District only
Ballston Area Clergy Association	885-5583	Ballston Spa School District only
Pine Knolls Alliance Church	793-7101	South Glens Falls School District only
Mechanicville Community Center	664-8322	Mechanicville/Stillwater
Presbyterian/New England Congregational Church	518-584-6091	24 Circular Street, Saratoga Springs NY 12866
Bethesda Episcopal Church	584-5980	Saratoga Springs only

Check with churches closest to your home first. Even those without an assistance program sometimes receive donations for those in need.

Eligibility and amount of funding varies for each program. Application process usually takes a minimum of two weeks.

Maximum assistance for most programs is \$100 - apply with more than one source if necessary to fill need.

DISABILITIES

SAIL	792-3537	All Disabilities: Help with paperwork, advocacy, Traumatic Brain Injury Program
AIM Services	587-3208	Development Disabilities: Residential homes, day programs, and respite care
Saratoga Bridges	664-5066	Development Disabilities: Residential homes, day programs, and respite care
Newmeadow	899-9235	Preschool for disabled and non-disabled children
Helping Hands	587-0723	Preschool for disabled and non-disabled children
Unlimited Potential	587-2851	Mental Health Disabilities: vocational training/work
CDTA Star	482-8822	All Disabilities 1/2 Price bus fare and other services for elderly/disabled
AccessVR	473-8097	All Disabilities: Vocational education/training
Early Childhood Direction Center	464-6356	Young Children: Referrals to community and support resources

Transitional Services Association	587-6193	Mental Health Disabilities: case management, treatment, housing
Northeast Parent & Child	346-1284	Families: case management, treatment, supportive services
DSS Adult Services	884-4159	Advocacy, Referral, SSI, Medical Transportation, Adult Care Assistance

HEALTH CARE

Saratoga Community Health	886-5600	Medical, Dental, Behavioral Health Care
Hudson Headwaters Health	761-0300	Primary Care & Prescription assistance
Seton Health Family Practice:	373-4500	Medical, Behavioral Health, Prescription Assistance
Gianna Center	779-5225	Women's Health Issues
Mary's Haven	584-9397	Hospice
Eye Glasses		Please contact the Health Office for the Lions Club Application
Community Hospice	581-0800	Hospice

NOTE: ALWAYS ASK OTHER PROVIDERS, ESPECIALLY HOSPITALS, ABOUT "CHARITY CARE" FOR SPECIAL CIRCUMSTANCES

HEALTH INSURANCE

Fidelis Care Navigators	888-343-3547	Helps determine eligibility, choose & enroll in Medicaid or low-cost insurance
Saratoga Care Navigators	888-242-1418	Helps determine eligibility, choose & enroll in Medicaid or low-cost insurance
Saratoga County Medicaid	884-4148	Help determine eligibility and enroll in Medicaid only

MENTAL HEALTH

Saratoga Center for Family	587-8008	Adult & Child Counseling, Support Groups, Classes
Saratoga County Mental Health	584-9030	Adult & Child Counseling, Support Groups, Classes
Catholic Charities	587-5000	Adult & Family Counseling, Support Groups, Classes
Saratoga Community Health Center	see health services	Adult Counseling
Clifton Park Family Practice	see health services	Adult Counseling
Four Winds Hospital Saratoga	584-3600	Adult & Child Counseling, Support Groups, Classes, accepts some Medicaid
Saratoga Hospital - emergencies	911	
Transitional Services Association	587-6193	Mental Health case management, treatment, housing, support services
Northern Rivers	518-292-5433 (Malta)	Northeast Parent & Child Society, Parsons Child & Family Center
National Suicide Prevention Lifeline	800-273-8255.	24-7 emergency hotline
Adirondack Samaritan Counseling Center	747-2994	Individual and Family Counseling
Behavioral Health Services, Glens Falls Hospital	926-3210	A clinic of The Glens Falls Hospital serving adults with a range of outpatient mental health services.
Caleo Counseling Services, WWAMH	747-8243	A clinic of Warren-Washington Association for Mental Health serving children, adolescents and adults.
Center for Children and Families	926-7100	A clinic of The Glens Falls Hospital serving children and adolescents and their families.
Child and Adolescent Outpatient Program	549-6000	A program of Capital District Psychiatric Center.
Hudson Headwaters Health Network	792-2223	Offers a range of psychological health services.
Intensive Day Treatment Program	926-1160	A program of The Glens Falls Hospital that provides a structured outpatient day program for adults with severe mental illness.
Saratoga Psychological Associates	761-9889	Offers a range of psychological health services.
St. Anne's Institute	747-7561	Outpatient mental health services focused on treatment of sexual abuse and sexual offending.
St. Peter's Addiction Recovery Center (SPARC)	885-6884	Programs for adolescents (ages 13-18) with alcohol and substance abuse problems.
Capital District Psychiatric Center	447-9611	Acute and intermediate inpatient care for adults 18 years or older
Ellis Hospital	243-4411	Acute inpatient services for adolescents aged 11-18 years of age
Pinefield Children and Youth Services	315-738-4436	Mohawk Valley Psychiatric Center - Acute and intermediate inpatient care for children and adolescents 6-17 years old

ABUSE

Wellspring (formerly DVRC)	584-8188	Domestic violence services; shelter
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Mechanicville Domestic Violence	664-4008	Domestic violence services; shelter
Saratoga County Child Protective	884-4151	Child abuse investigation
Saratoga County Adult Protective	884-4159	Elder abuse or endangered investigation
Saratoga County Domestic Violence	884-4159	Abuse of anyone over 16

SUPPORT GROUPS

Al-Anon/Alateen	744-9231	For loved ones of those with drinking problems
AA	463-0906	Persons with drinking problem
Narcotics Anonymous	(888) 399-5519	Persons with drug addiction
Nar-Anon	nar-anon.org	Loved ones of those with drug addiction
Overeaters Anonymous	292-0666	Persons with eating disorders
New York State Smokers' Quitline	866-NY-QUITS	Smokers
Gamblers Anonymous	888-424-3577	Persons with gambling problems
NAMI	306-6073	For loved ones of those with mental illness
St. Clement's Grief Ministry	584-6122	Individual and group support for Adults
Community Hospice	581-0800	Individual and group support for adults, teens, and children
St. Clement's Caregiver Respite	584-6122	For caregivers of relatives with dementia

PREGNANCY/INFANT SUPPORT

Birthright Ballston Spa	885-4117	Pregnancy tests, layette, diapers, clothes
Alpha Pregnancy Center Schenectady	462-2188	Pregnancy tests, classes, food, diapers, layette, clothes
St. Clements-Elizabeth Ministry	581-9805	Baby Blessing Baskets, Equipment, Diapers, Wipes, Clothes
WIC	288-3232	Food & Formula Vouchers
Cornell Cooperative Extension	885-8995	Baby Car Seats

SUBSIDIZED HOUSING

Mechanicville Housing Authority	584-6600	Section 8 and site-based housing
Saratoga County Rural Preservation	885-0091	Section 8
Franklin Community Center	587-9826	Subsidized studio apartments
Joseph E. Mastrianni Inc	372-4739	Section 8
Saratoga Springs Housing Authority	664-9897	Section 8 and site-based housing
YWCA of NENY	374-3394	Schenectady women's long term housing
Sisson Reserve	480-4416	Site based affordable housing Section 8
Veterans Housing Assistance	885-0091	Veterans affordable housing
SCRAP Community Development Grant	587-3550	Rent subsidy for homeless mentally ill. Must be referred by provider
Shelters of Saratoga	581-9017	Subsidized studio apartments
Wellspring New View	584-8188	2 Year subsidy for clients of Wellspring only
Senior Citizen Housing	884-4100	Check with Office of the Aging for current list

EMERGENCY HOUSING

DSS Temporary Assistance	884-4140	Motels for homeless families/married couples. Single adults referred to shelters
Mother Anderson Emergency Shelter	584-3122	Saratoga Springs shelter - Women and children
Shelters of Saratoga	581-1097	Saratoga Springs shelter - Adult men and women
CAPTAIN Youth Shelter	369-9928	Clifton Park shelter - youth 13-17
WAIT House	798-4384	Glens Falls shelter - young adults 18-22
Wellspring	584-8188	Domestic Violence shelter - Women and children

Capital City Rescue Mission	462-0459	Albany shelter- Adult men and women
St. Joseph's House	272-2544	Troy shelter - Adult men and women, families
St. Paul's Center	434-2910	Rensselaer shelter - Families
Homeless and Travelers Aid Society	463-2124	Referrals
Code Blue Saratoga	812-6886	Saratoga Springs Cold Weather Shelter - Adult men and women
The Vet House	885-0091	Male Adult Veterans
The Guardian House	885-0091	Female Adult Veterans

HOUSING GRANTS FOR HOMELESS/AT RISK OF HOMELESS

CAPTAIN	371-1185	STEHP Grant to avoid eviction or obtain housing. Must have income
VETHELP	885-0091	Veteran Grant to avoid eviction or obtain housing.

OTHER RESOURCES FOR HOMELESS

Saratoga Drop-In Center	581-1097	Tue & Thur 11am-3pm 20 Walworth St. Shower, Rest, Food, Laundry
Salvation Army	584-1640	Showers, clothes, meals
SOS Mobile Van	581-1097	Congress Park Mon, Wed, Fri mornings. Visits motels on rotating basis.
CAPTAIN Street Outreach	469-7897	crisis interventions, referral, food, other needs for homeless youth.
Saratoga Schools Homeless Liaison	583-4700x11439	Support for homeless students & families

Every School District has a liaison for homeless students and families to help them remain in the same school & help with resources.

HOME LOANS: PURCHASE/REPAIR/UPGRADE

Rebuilding Together Saratoga County	587-3315	Upgrades and repairs for disabled, seniors, vets
USDA Rural Development	692-9940	Home mortgage loans, home repair loans, grants
EOC Weatherization	885-0091	Energy saving repairs, upgrades for renters and homeowners
Habitat for Humanity	793-7484	Home mortgages, "sweat equity" programs
EMPower NY	800-263-0960	Energy saving upgrades for renters and homeowners
HERR	884-4146	Furnace repair/replacement for homeowners
Saratoga Community Development	587-3550X 2575	Housing Rehab grants and loans

HEAP

HEAP	884-4146	Automatic Heat help in Nov. for Food Stamp eligible; higher incomes must reapply each year
HEAP Emergency Grant	884-4146	HEAP 2nd grant after 1/1 with disconnect or low fuel notice.
HEAP Electric Grant	884-4146	May apply if electric needed to run furnace; must have disconnect notice.

OTHER HEAT ASSISTANCE

Heartshare	855-852-2736.	After 2 HEAP grants; must have disconnect notice
Saratoga County Emergency Assistance	884-4144	Emergency utility loans or grants outside of winter heating season
Corinth Share the Warmth	886-8285	Supplemental heating assistance for Corinth residents
Catholic Charities	584-5000	When funds available-maximum \$100 per year per household

FURNACE REPAIR/REPLACEMENT

HERR	884-4146	Furnace Repair/replacement - homeowners. MUST GET APPROVAL FIRST.
EMPower NY	800-263-0960	After HERR funds run out - usually Jan or Feb through May

ENERGY UPGRADES/AUDITS

EOC Weatherization	885-0091	Energy saving audits, repairs, upgrades for renters and homeowners
EMPower NY	800-263-0960	Energy saving audits, upgrades for renters and homeowners - NO WAIT LIST!

ELECTRIC COMPANTY ADVOCATES NOT FINANCIAL ASSISTANCE TRY CUSTOMER SERVICE FIRST

National Grid Consumer Advocate	761-5942	Joann Zales
NYSEG Consumer Advocate	356-4384 ext 837	Rebecca Jarrett

CHILD CARE SUBSIDIES

Saratoga County Day Care	884-4144	Income based assistance for parents working or looking for work
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CHILD CARE REFERRALS

Saratoga County Day Care	884-4144	List of providers who accept county subsidies
Capital District Child Care Council	288-3206	List of certified providers in capital district
Early Childhood Direction Center	464-6356	Referrals to community and support resources

PRESCHOOL/BEFORE/AFTER SCHOOL/SUMMER PROGRAMS - Scholarships Available

Head Start Infant & Preschool Region 1	884-7270	B-Spa, C-Park, Galway, Waterford, Mechanicville, Stillwater, B-Hills, B-Lake
Head Start Infant & Preschool Region 2	583-2584	Corinth, Greenfield, S-Springs, Schuylerville, SG-Falls
Saratoga YMCA	583-9622	Before/after school/summer
Corinth YMCA	583-9697	After school
Malta YMCA	583-9623	Infant - school age year round
Southern Saratoga YMCA	371-2139	Infant - school age year round
Ballston Area Community Center	885-3261	Before/after school/summer
Moreau Community Center	792-6007	Before/after school/summer
Mechanicville Community Center	664-8322	Before/after school/summer
Saratoga Springs Community Center	587-3550	School Age - summer
Town of Halfmoon	371-7410	School Age - summer
Stillwater Community Center	664-2515	Preschool, School Age - before/after school/summer

AFTER SCHOOL PROGRAMS - Free

Cheryl's Lodge (CAPTAIN)	371-1185	After School
Project Lift	587-9826	After school
Salvation Army	584-1640	After school

FAMILY ENRICHMENT - Free, Low Cost, or Scholarships Available

Saratoga Mentoring	581-1487	School age once per week one on one
4-H	885-8995	All ages; variety of programs
American Heritage Girls	584-6122	School age, teen Christian girls scouting
Saratoga Springs Library	584-7860	All ages; variety of programs
Ballston Spa Library	885-5022	All ages; variety of programs
Clifton Park/Halfmoon Library	371-8622	All ages; variety of programs
Literacy NY	583-1232	Reading assistance for Adults
SSCD Parent University	583-4700	Presentation: Monthly topics for parents
CAPTAIN Getting Ahead	371-1185	Class: Adult Goal Setting, Skill Building - transportation, babysitting provided
Wellspring Hope & Power	584-8188	Class: Women's Financial Literacy - babysitting, financial incentive provided

SCF Strengthening Families	587-8008	Class & Activities: Entire Family - dinner provided
CAPTAIN Family Development	371-1185	Adult Mentoring - one-to-one
For other libraries see county website		

CHILD RECREATION - Low Cost or Scholarships Available		
Saratoga Springs YMCA	583-9622	All ages, variety of programs
Corinth YMCA	583-9697	All ages, variety of programs
Malta YMCA	583-9623	All ages, variety of programs
Southern Saratoga YMCA	371-2139	All ages, variety of programs
Ballston Area Community Center	885-3261	All ages, variety of programs
Moreau Community Center	792-6007	All ages, variety of programs
Mechanicville Community Center	664-8322	All ages, variety of programs
Saratoga Springs Recreation	587-3550	All ages, variety of programs
Town of Greenfield	893-7432	School age
Town of Wilton	587-1939	School age
Town of Northumberland	792-9179	School age
Town of Halfmoon	371-7410	Preschool, school age
Saratoga Youth Boxing	587-9828	School age, teen
Stillwater Community Center	664-2515	Preschool, school age, teen
Greater Schuylerville Youth Program	695-6100	School age, teen
All other sports teams, recreation programs, camps - Ask about scholarships		

SPANISH SPEAKING		
EOC Latino Advocacy	288-3206	Advocacy, referral, translation, English classes year round
St. Clement's Latino Ministry	584-6122	Mass/Classes, Food Pantry 3 rd Sunday/month, Backstretch Mass, Meal, Lunch
Back Stretch Services (BEST)	516-488-3434x100	Medical care, transportation, translation, store, recreation

VETERANS		
VETHELP	885-0091	Homeless shelters; housing, financial, job, education help
Saratoga County Veterans Office	884-4115	Many veterans resources
Peer-to-Peer Mentoring	884-4115	Veterans supporting other veterans
Saratoga War Horse	744-3600	Equine Therapy for PTSD

LEGAL SERVICES		
Legal Aid	587-5188	Tenant Rights, Homeowner Rights
Mediation Matters	584-6361	Lower Cost Conflict Resolution
Saratoga County Public Defender	884-4795	Criminal Defense
Wellspring	584-8188	Consultations for victims of Domestic Abuse
The Legal Project	435-1779	Low Income Services

CLOTHING/HOUSEHOLD		
Treasures	580-4200	Adult clothing; some children's clothing, accessories, & household items
Scottie's Closet	884-7150	Clothing; These events are held twice a year. Please contact the Guidance Office with questions.
Noah's Attic	885-9455	Clothing & Household
Birthright	885-4117	Pregnancy tests, infant needs through first year if 1st visit occurs before birth
Franklin Community Center	587-9826	Clothing & Household

CAPTAIN'S Treasures	371-1185	Clothing & Household
Harvest Church	371-2997	Furniture - agency referral only
St. Clement's Elizabeth Ministry	581-9805	Baby needs; apply through food pantry
The Way 17 Ferry St Schuylerville	none	Adult Clothes \$2, Children Clothes \$1 Fri 2-7, Sat 9-1

EMPLOYMENT AND TRAINING

One-Stop Career Center	884-4170	Training, grants, listings, youth work, disability work, online courses
CAPTAIN	371-1185	Youth employment and training
Job Corp	800-733-5627	Young adult employment and training
Access V-R	800-222-5627	Education/training for those with disabilities
BOCES	746-3600	Vocational training
Unlimited Potential	587-2851	Mental Health Disabilities: vocational training/work

WARREN/WASHINGTON COUNTY

County Department of Social Services	761-6300	
Catholic Charities	793-6212	
Community Action	793-0636	
North Country Ministries	623-2829	
Salvation Army	792-1960	
Washington County EOC	746-2390	
Glens Falls Community Development	761-3833	
Washington Cnty Housing Assistance	747-6481	
Glens Falls Housing Authority	793-2583	
Family Service Assoc of Glens Falls	793-0797	