

Ballston Spa Fall 2017 Sports Start Dates, Times & Locations:

Remember to bring water to practice/tryouts

<u>Sport</u>	<u>Level</u>	<u>Starting Date</u>	<u>Starting Time</u>	<u>Location</u>
<u>Football</u>	Var./JV	Monday, August 14	8:00am-10:30 & 12:00pm-2:00pm	Practice Football Fields (behind MS)
	Modified	Thursday, August 24	8:00am-11:00am	Football practice fields (behind MS)
<u>Boys Soccer</u>	Var./JV	Monday, August 14	8:00am-11:00am & 12:00pm-2:00pm	High School Back Fields – please bring a pair of running shoes
	Modified (grades 7-9)	Monday, August 28	2:45-5:00pm	High School Back Fields
<u>Girls Soccer</u>	Var./JV	Monday, August 14	8:00am-11:00am & 12:00-2:00pm	High School Front Fields
	Modified (grades 7-9)	Wednesday, August 30	2:45-4:15pm	High School Back fields
<u>Volleyball</u>	Var./JV/Frosh	Monday, August 14	8:00am-10:00am	High School Gym
	Modified	Monday, August 28	9am-11am	Middle School Gym
<u>B/G Cross Country</u>	Var./JV/Frosh	Monday, August 21	8:00am-10:00am	SPAC
	Modified	Wednesday, August 30	3:00-4:00pm	Meet in Middle School Cafeteria
<u>Girls Swim/Dive</u>	Varsity	Monday, August 14	8:00am-10:30am	Pool
<u>Girls Tennis</u>	Varsity/JV	Monday, August 14	8:00am-10:00am	Tennis Courts
<u>Cheerleading</u>	Varsity/JV	Thursday, August 17	9:00-12:00	High School Cafeteria
<u>Golf</u>	Varsity/JV	Wednesday, August 16 at 8:00am Thursday, August 17 at 7:30am Friday, August 18 at 10am		B-Spa Country Club

Dates & times are subject to change – please check the athletics page on the high school website for changes